

# TOWER NOTES

Centre Congregational Church (United Church of Christ)

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The Rev. Nancy Rottman, Pastor

The Rev. Mark Freeman Strickland, Pastor Emeritus

Laraine Wilson, Director of Faith Formation

Douglas W. Hodgkins, Organist/Choir Director

Leah O'Brien, Director of Tower Day School

Susan Spear, Secretary

*We Welcome Everyone: An "Open and Affirming" Church*

**March 5, 2018**

According to the National Alliance for Caregiving and the AARP [Caregiving in the U.S.], in 2015 approximately 43.5 million caregivers had provided unpaid care to an adult or child in the last 12 months. About 15.7 million adult family caregivers care for someone who has Alzheimer's disease or other dementia. [Alzheimer's Association. (2015). 2015 Alzheimer's Disease Facts and Figures.]

According to the Tufts Foundation, almost 15% of people age 65 or older in Lynnfield – or close to 300 residents – are living with dementia. It is easy enough for us all to extrapolate from there, that some of those 300 Lynnfield residents are members of Centre Church and/or their family caregivers are members or friends of Centre Church. And, the care and well-being of our whole community is of great importance to us here at Centre Church.

On Wednesday, March 14, 2018, Greater Lynn Senior Services in partnership with the Lynnfield Council on Aging will host several workshops to lay the groundwork for Lynnfield to become a "dementia-friendly" community. A dementia-friendly community is defined as one that is informed, safe, and respectful of individuals living with dementia and their families, and a place where these individuals have independence and are engaged in the life of the community. The goal is to have all sectors of the community – elected officials, community leaders, worship communities, businesses, and residents – represented at the event.

This event includes a morning workshop beginning at 10:00 am for caregivers, followed by an afternoon session beginning at 12:15 pm geared to the general public. The workshops will be held at the Lynnfield Senior Center, are provided free of charge, and will be led by Sharon Johnson of the renowned Hearthstone Institute. Refreshments and lunch will be provided, and respite care is available by pre-registration. I will be attending the afternoon session and will be exploring how Centre Church can be a dementia-friendly worship community in Lynnfield.

To learn more or to register for either or both sessions, visit: [www.glss.net](http://www.glss.net). For more information, contact Tayler Lamberta, Family Caregiver Support Specialist, at 781-586-8611 or by email at [tlamberta@glss.net](mailto:tlamberta@glss.net).

In addition to this opportunity, Greater Lynn Senior Services is offering The Savvy Caregiver Program. This program is a FREE, six-session training for family and friends who are active caregivers, caring for those living with Alzheimer's or related dementias. For more information or to register, call Debby Segil at 781-586-8540, or reach out to me here in the Centre Church office by phone or email.

Together,

*Rev. Nancy*

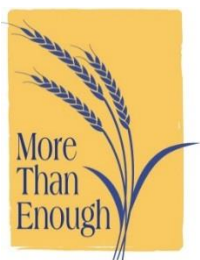
### In the Sanctuary

**March 11, 2018**

10:00 a.m. Morning Worship  
Nursery  
Faith Formation for Children

**March 18, 2018**

10:00 am Morning Worship  
Nursery  
Faith Formation for Children



**“And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work.” ~2 Corinthians 9:8**

We kicked off our “More Than Enough” Stewardship Campaign on Sunday, February 25<sup>th</sup>. By now, everyone should have received their pledge packets. If you did not receive a packet, please contact the church office so we can make sure you get one. Pledges will be received during worship on Commitment Sunday, March 18<sup>th</sup>. Please plan to return your pledge promptly, either in church on March 18 or by mailing it to the church as soon as possible. We will begin developing our budget for the next fiscal year (beginning July 1) soon after Commitment Sunday so it is vital that we receive your pledges in March.

With gratitude,  
Debbie Cotting, Stewardship Ministries

### News From Around the Parish

Barbara Ericson has moved to Saco, Maine, where she will be living close to her children. She will miss her Lynnfield friends and community and would love to hear from you as she makes this transition. Her new address is:

Barbara Ericson  
The Inn at Atlantic Heights  
46, Third Floor  
100 Harbor Drive  
Saco, ME 04072

Our thoughts and prayers are with Rick and Nancy Miller and their family upon the death of Rick’s mother, Helen Marie Miller on February 25

**Daylight Savings begins on Sunday, March 11.**

**Spring forward Saturday night!**

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### Missions and Outreach

**Haven From Hunger:** Diane & David Bjorkman, Frank Scott, Al & Judy Johnson prepped and served a meal at HFH on Monday, Feb. 26<sup>th</sup>. They also delivered an amazing amount of donated food (272.7 lbs), thanks in great part to a birthday party held here at Centre Church to which guests brought food donations as their gifts! Halleluiah! The next “First Monday” volunteer day will be March 26<sup>th</sup>. Please sign up on the Outreach bulletin board across from the Fireside Kitchen.

### **Donation item for March**

We’ll be collecting new socks of any color and underwear in large sizes during the month of March. These will benefit the City Reach program lead by Common Cathedral in Boston. Our youth have participated in this program to learn about the causes and concerns of homelessness. Thank you for thinking about how you can help others who are less fortunate.



### **Open Mosque Day – April 8**

Have you ever wondered what goes on inside a mosque? Wanted to ask a Muslim questions but haven't had the opportunity? On Sunday, April 8, twenty-one mosques across Massachusetts will open their doors to their communities. Meet and ask questions of your Muslim neighbors, observe a Muslim prayer, enjoy cultural foods, and have fun for the whole family! A group from Centre Church attended this event last year at the Mosque in Lynn. It was very interesting and we made some new friends! Please see Linda Ladd or email [events@centre-church.org](mailto:events@centre-church.org) for more information.

**Coins for Heifer:**

**Fill the Ark**

Thank you to all church families who are having conversations at home about stewardship and sharing our resources. The Outreach Ministry Team appreciates our congregation’s dedication to Heifer International as it works to spread the world’s food supply to all who are hungry. Every coin given from our abundance, helps another life to flourish.



**Faith Formation Ministry Team:**

We will have Church School on 3/11, 3/18 and 3/25. We will worship together on Easter (4/1). The schedule below represents some changes, so please mark your calendars!

**March 11:**

Footprints/Godly Play: Church School  
Brick by Brick: Muffins for Heifer  
Joyful Noise: Music Practice after Church

**March 18** Commitment Sunday (Return to Worship for Offering/Heifer boxes)

Footprints/Brick by Brick: Church School  
Godly Play: Muffins for Heifer

**March 25:** Palm Sunday

Joyful Noise: Sharing Song in Worship  
Footprints/Godly Play/Brick by Brick: Church School

**Young Families Group:**

Faith Formation has brainstormed the following ideas and will be surveying families!

Kids Test Kitchen, Plaster Fun time, Lemonade stand, Pizza spring craft and cookie decorating Endicott Park/farm, Book swap, Richardson's farm/ice cream, Glow-in-the-dark mini golf, Sunday movie matinee

**Plan/Fire Drill:**

We will be practicing our evacuation plan this Spring.

More information coming soon!

**Safe Church Training for Volunteers:**

Larainne will be holding a Safe Church training for volunteers. Possible dates are: 4/15 or 4/29. If you would like to (or have been) volunteering in the nursery or church school and haven't been trained in the last 2 years, please plan to attend. Please e-mail Larainne with your preferred dates. The training will be from 11:30 - 12:30. If we have parents who want to take the training, we can secure child care with notice.



Sunday, March 11

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**EASTER PLANT ORDER**

I would like to order for \$8.00 each:

\_\_\_lilies    \_\_\_red tulips    \_\_\_daffodils    \_\_\_hyacinth    \_\_\_kalanchoe

Enclosed is my check for \$\_\_\_\_\_ made payable to Centre Congregational Church.

These flowers have been given by \_\_\_\_\_

in memory of \_\_\_\_\_

in honor of \_\_\_\_\_


PLEASE CHECK ONE OF THE FOLLOWING:

\_\_\_ I will take my plant(s) home after the 10 a.m. Easter Service on April 1.

\_\_\_ I wish to donate my plant(s) to the hospitalized, bereaved or shut-in.

*Plants will be displayed in the sanctuary on Easter.  
A list of donors will be printed in the bulletin on that day.  
**Friday, March 23 is the deadline for placing orders.***

## *Our Opportunities*

Wed. March 7	7pm	Lenten Worship- Chapel
Thurs. March 8	1-2pm 7:30 pm	Bible Study-Fireside Room Choir Rehearsal – Choir Room
<b>Sun. March 11</b> 	10:00am	<b>Morning Worship-Sanctuary</b> Nursery – Library/Nursery Faith Formation Brick by Brick class-Muffins-Kitchen Joyful Noise: Music Practice after Church
Wed. March 14	7pm	Lenten Worship- Chapel
Thurs. March 15	1-2pm 7:30 pm	Bible Study-Fireside Room Choir Rehearsal – Choir Room
<b>Sun. March 18</b>	<b>10:00am</b>	<b>Morning Worship-Sanctuary</b> <b>Stewardship Celebration Sunday</b> Nursery – Library/Nursery Faith Formation Godly Play-Muffins-Kitchen
Wed. March 21	7pm	Lenten Worship- Chapel
Thurs. March 22	1-2pm 7:30 pm	Bible Study-Fireside Room Choir Rehearsal – Choir Room

In addition to our scheduled church activities, Centre Church hosts Boy Scout Troop #48, Cub Pack #48, Girl Scouts, Alanon, Alateen, Women's AA, BKP Book Packing Group, Essex Society of Genealogists and the New England Pastoral Institute Counseling Center.

Please call the church office if you would like more information about any of these groups. (781-334-3050)

***Church Office Hours – 9am-3pm Mon-Fri***

***The next issue of Tower Notes – Week of March 19***

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